

Want to quit smoking?



We know quitting smoking can be hard. Whether you've tried quitting before, or this is your first time, there are things you can do to make quitting easier and get the results you want.

When you're ready, we can help.

Make smoking history.



New to MassHealth Members: You can now get medicines and support to help you quit smoking. Ask your doctor for more information.

1-800-Try-To-STOP
www.trytostop.org

Massachusetts Department of Public Health